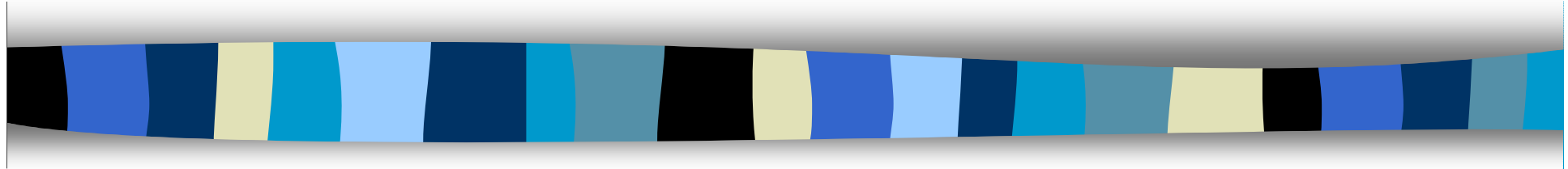


Community Prevention Programs for Young People



EARLY SCHOOLLEAVERS

Ljubljana, 22. Februar 2007

Zavod MISSS

Youth Information And Counselling Center of Slovenia, Matjaž Medvešek



MISSS?

- NGO – non-profit making organization
- Since 1993
- 5 employees
- Volunteers
- 15 collaborators





www.misss.org



TASKS:

- 1. Information and Counselling***
- 2. Community Prevention Programs***
- 3. Individual Counselling***
- 4. Trainings and education (LLL, UP)***

Information and Counselling



- National level
- Development
- Training
- International cooperation
- Local YIC



Information and Counselling

Development

- European Youth Information Charter
- Quality Standards
- Self Assessment
- Classification



Information and Counselling

Giving Information

- Face to face (interview)
- Phone
- E-mail
- Data base
- Youth Portal
- Forum
- Peer to Peer
- Cyber caffe



Information and Counselling



Trainings

- volunteers
- youth advisers
- youth information workers
- train for trainers

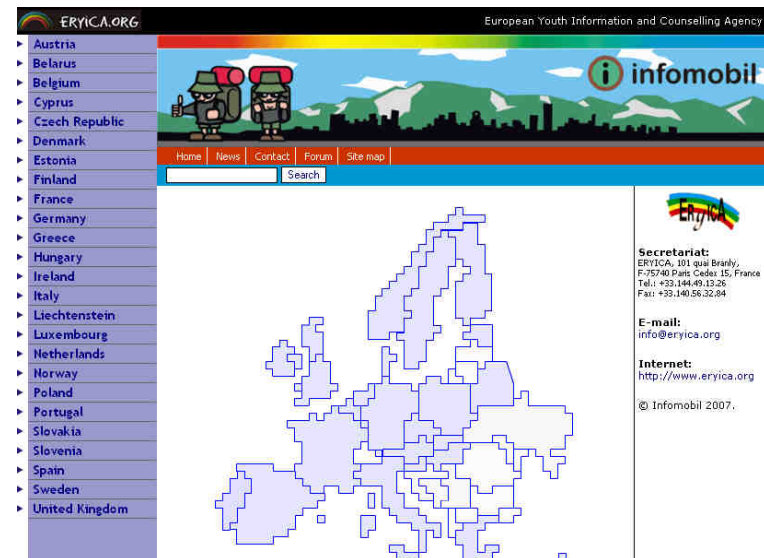


Information and Counselling



International cooperation

- ERYICA member (1995)
- Trainers Pool
- Infomobil (data Base)
- Participation in Youth Information Project
- Development



Community prevention programs

■ General

- for the greatest number of possible users
- directed towards quality of life
- using information as a power

■ Specific

- intended for youth who are exposed
- threatened in their development by various unfavourable psychosocial factors



Aims

■ Individuals

- Strengthen spiritual health in the community
- Stimulate successful behaviour
- Develop positive self-esteem
- Stimulate independent identity

■ Groups

- Stimulate groups toward self-help
- Strengthen social skills and benevolence
- Mutual tolerance

Project users

- Children
- Youth
- Parents
- Teachers
- Youth Workers

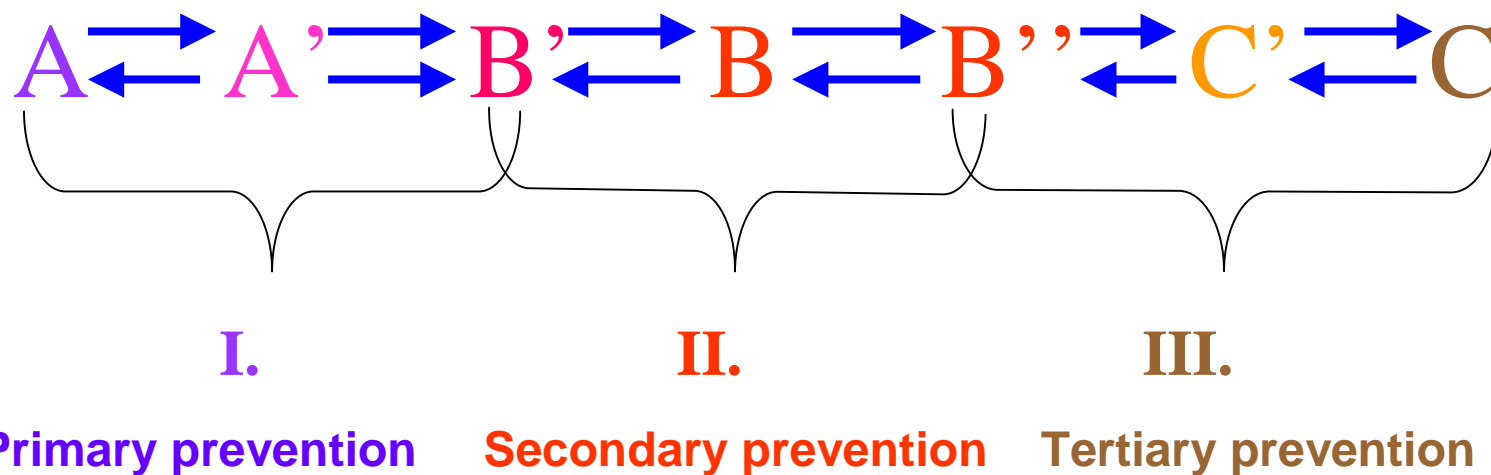


Behaviour

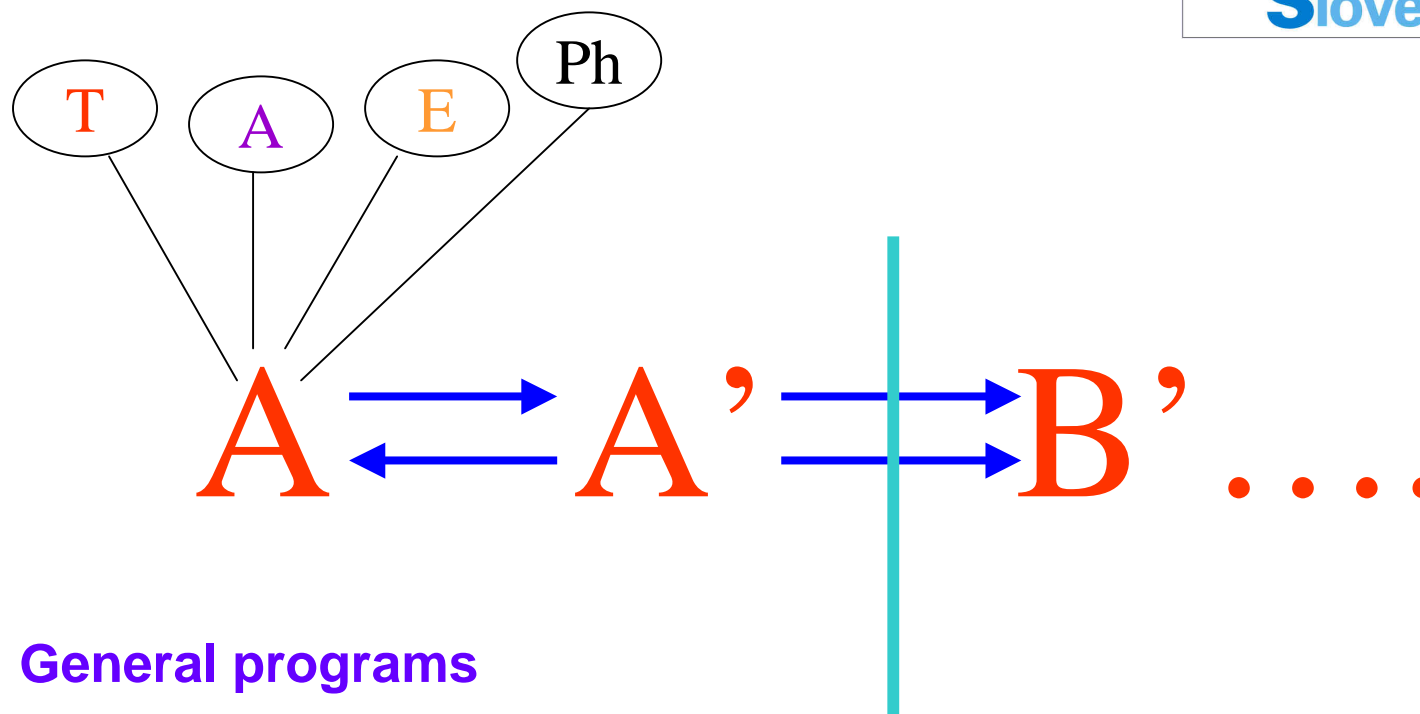
- Successful behaviour
- Less successful behaviour
- Individual needs



Sequential prevention as a model

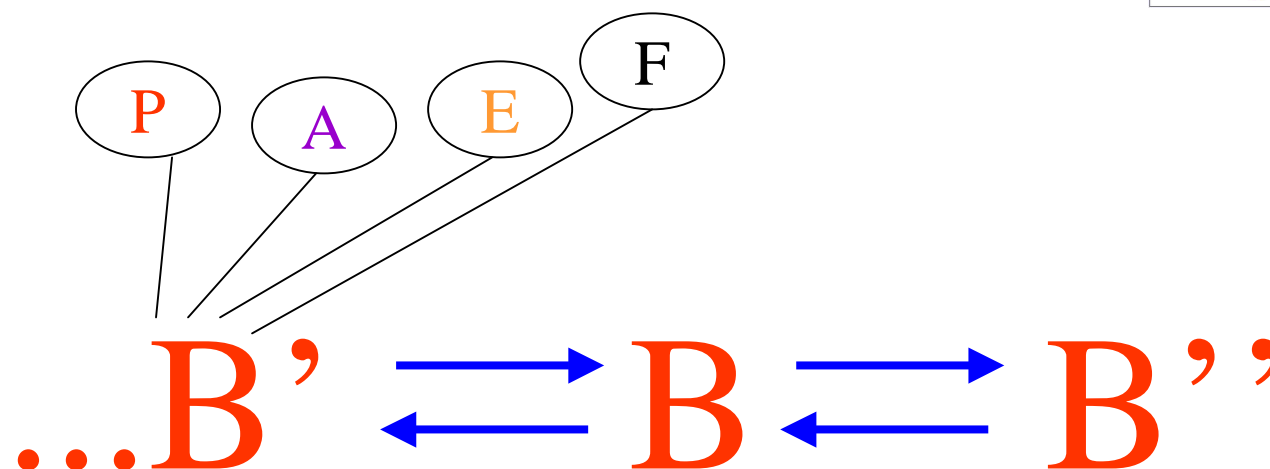


Focus: Primary prevention



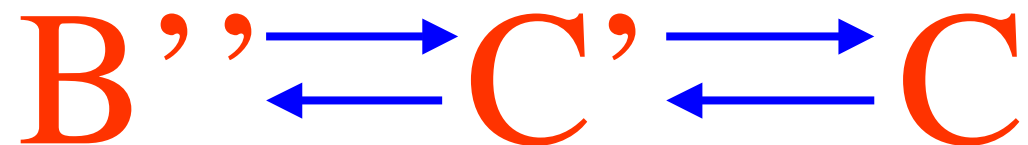
- General programs
- Specific programs
- Community oriented
- To improve the quality of life

Secondary Prevention



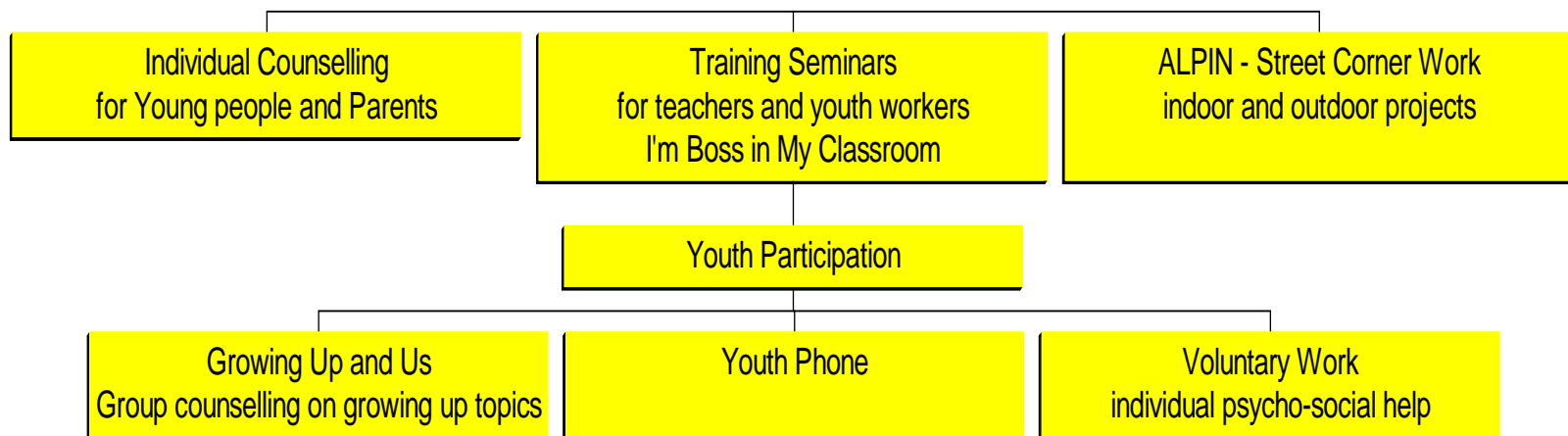
- information and counselling
- refer to appropriate program

Tertiary prevention



- information and counselling
- refer (self-helping groups...)

Community Prevention Programs & Youth Participation

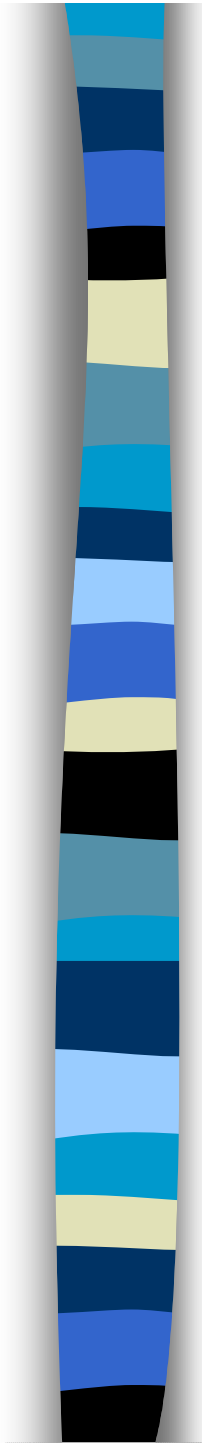


Growing Up & Us

■ Methods

- Group work – small groups (up to 8)
- Friendly atmosphere
- Confidence and trust
- Adolescents and pre-adolescents
- 1500 youngsters a year
- 22 schools
- Development of conversation and dialogue between peers and important adults
- Successful communication techniques
- Conflict resolution and solving problems
- Respect of y.p. needs
- Network of school counselling services

Growing Up & Us

- 
- **Aims**
 - Be able to speak out typical adolescent topics
 - Mutual respect (solidarity, empathy...)
 - Encouraging interpersonal relations
 - To promote successful behaviours
 - To stimulate non-formal peer to peer education on social inclusion
 - Information on social services for young people in a community

Growing Up & Us

- **TOPICS**
- **Sexuality**
- **AIDS/HIV**
- **Drugs and addicts**
- **Violence**
- **Other risk taking behaviours**





ALPIN Street Corner Work

■ **Methods**

- Indoor and outdoor outreach project
- Individual and group approach
- Street Basket Ball – as a tool
- Computers as a tool
- Action work on the street
- Observation
- Community playground quality assesment
- Analysis

ALPIN Street Corner Work

■ Aims

- Reach a specific (marginalized) target group
- Establish non-formal contacts
- advocacy
- Reasons on risk taking behaviour in a community

Youth to Youth Phone



Youth participation project

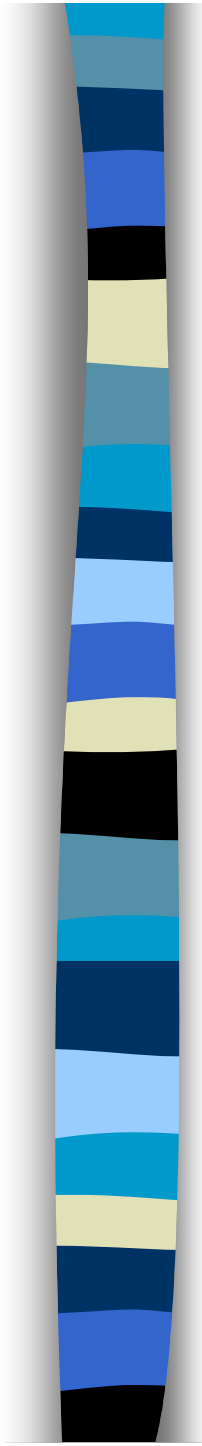
- Selfinitiative project
- Youth information and counselling service by phone: searching and providing information and tips for peers in need
- Age between 14 and 18
- Youth advisers
- Self-supporting group



Youth to Youth Phone

- **Methods**
 - Trainings
 - Supervision groups
 - Phone counselling
 - Web Forum (moderation, administration)
 - Safe Internet
 - Evaluation

Youth to Youth Phone

- 
- **Aims**
 - Encourage young people to be active in solving problems
 - Communication on equal level
 - Connection between youngsters who search for help and their peers

FUTURE ?

