# THE RICKTER SCALE



### WELCOME

#### **CHANGES** international

**Jane Mardon and Floor Petersen** 

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### CHANGES international: experience

Assessment: young people at risk of drop out

European programmes: Leonardo, Youthstart, Integra, Equal.

**NE** England – connexions projects, ESF

programmes.

Northern Ireland – E0TAS programme, schools projects.

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## **Rickter Scale**

- Theoretical background
- Benefits to individuals
- Benefits to organisations
- Benefits to practitioners
- Overlays
- Training
- IMS on-line system
- Short demonstration: life board



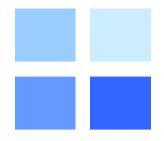
### **Overlay example: Preparation For Work**

- 1. Readiness How ready for work do you feel you are?
- 2. Importance How important to you is having a job?
- 3. Type of work How certain are you about the type of work you want to do?
- 4. Money How important is it to you how much money you earn?
- 5. Control How much control do you feel you have over your future?
- 6. Skills How skilled do you feel you are to an employer?
- 7. Cost of living How aware are you of how much it is going to cost you to live each week?
- 8. Education/Training How much would you consider further education or a training course before getting a job?
- 9. Progress How easy do you feel it is to make progress towards getting a job?
- 10. Happiness How happy are you with your current job preparation?



#### **Overlay example: Drugs/Alcohol**

- 1. Employment How much does your alcohol use affect your employment situation?
- 2. Life How much is alcohol a part of your life at this moment?
- 3. Offending How much does your alcohol use put you at risk of offending?
- 4. Money How much does your alcohol use affect your money situation?
- 5. Control How much control do you feel that you have in your alcohol use?
- 6. Stress How much does your alcohol use affect your stress levels?
- 7. Relationships How much does your alcohol use affect your relationships?
- 8. Health How much does your alcohol use have an affect on your health?
- 9. Peer Pressure How much is your alcohol use influenced by others?
- 10. Happiness How happy are you at this moment of time in your life?





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